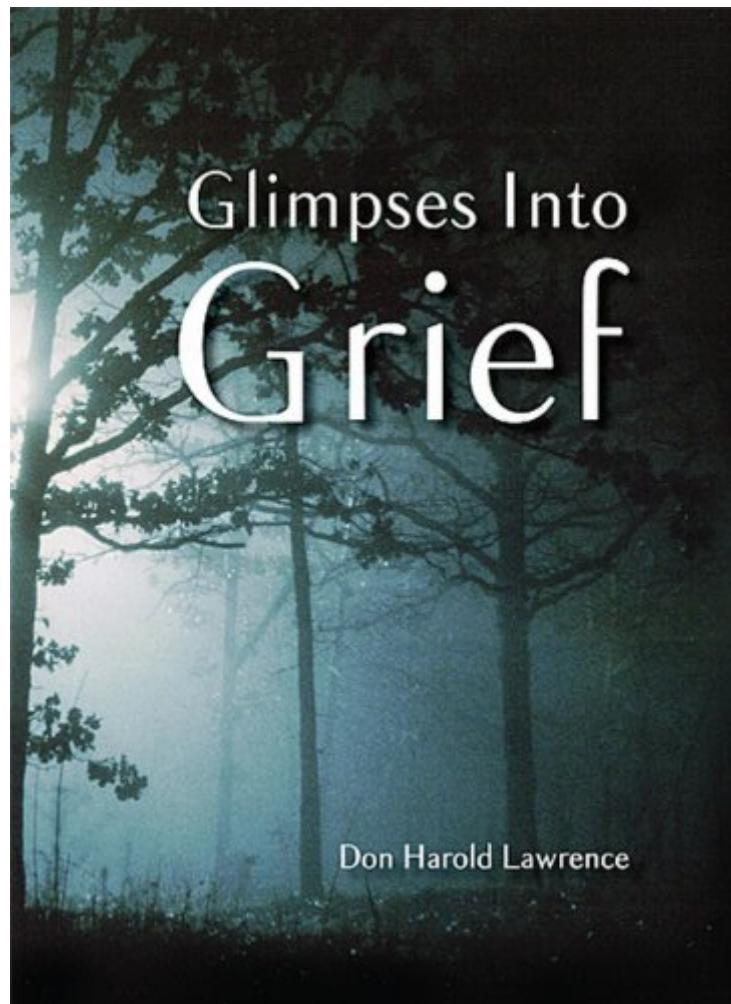


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# Glimpses Into Grief



## **Synopsis**

Glimpses Into Grief, a new book by Don Harold Lawrence, builds a pathway through one of the most devastating of human emotions. Grief impacts each of us uniquely, even as we communally share our grief with funeral rites. We experience grief resulting from not only the deaths of our loved ones, but also from a wide variety of losses in our lives. Crossing cultural, socio-economic, and ethnic boundaries, grief can simultaneously devastate and overpower the bereaved. There is no right or wrong way to grieve, but there are some universal truths to coping and to moving forward. Lawrence focuses on the numerous ways we experience grief — "sudden or terminal illness of loved ones, tragic accidents, the soul-altering loss of a child, the complications of war, and even the loss of jobs, pets, or our homes. Immediately relevant to any among us carefully treading the murky, uncertain waters of survival, Glimpses Into Grief serves as a beacon, bringing us safely home to shore. Lawrence delves into what grief encompasses and its grip on survivors. Packed with real-life stories and realistic suggestions for adjusting to a sudden new reality, the volume can be immediately instrumental to rebuilding lives. Glimpses Into Grief will be welcomed by the individual coping with a deeply personal loss and by clergypersons, funeral directors, counselors and grief therapists helping others navigate their loss. Readers will turn to it time and again during moments of darkness, seeking a voice of comfort. "Drawing upon decades of his experience and wisdom, Don Harold Lawrence has written the most comprehensive work on grief I have ever read. This book will be invaluable to anyone who walks the journey of grief," said Jim Emswiler. Emswiler is the founder of the New England Center for Loss & Transition, and the author of Guiding Your Child Through Grief.

## **Book Information**

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